

Have your say on proposed changes to physical activity programmes in Leicestershire

Leicestershire County Council has a duty to improve the health of people living in Leicestershire. Living an active life at all ages reduces the risk of many common diseases and improves their management. It also supports positive mental wellbeing and provides opportunities for social connections.

However, we are facing financial challenges and need to make difficult decisions regarding the services we provide. A saving of £250,000 from the current physical activity budget of £693,000 is being proposed.

This consultation is open to everyone. We are particularly keen to hear from:

- members of the public
- professionals who support physical activity development
- professionals who support the improvement of people's health

This consultation is about the contribution that the Leicestershire County Council Public Health Department makes towards the provision of physical activity programmes in Leicestershire.

It is important to note that this funding is not the only funding available to partners to deliver a physical activity programme and does not fund the whole physical activity offer across Leicestershire. Programmes funded through other means are not part of this consultation.

Further information on the proposals can be found here:

www.leicestershire.gov.uk/physical-activity-programmes

Please read the supporting information provided before completing the questionnaire.

Thank you for your assistance. Your views are important to us.

Please note: Your responses to the main part of the survey (including your comments) may be released to the general public in full under the Freedom of Information Act 2000. Any responses to the questions in the 'About you' section of the questionnaire will be held securely and will not be subject to release under Freedom of Information legislation, nor passed on to any third party.

Q1 In what role are you responding to this consultation? Please select one option only.

- | | |
|--|-----------------|
| <input type="checkbox"/> Leicestershire resident | Go to Q2 |
| <input type="checkbox"/> Visitor to Leicestershire (e.g. for work or leisure) | Go to Q2 |
| <input type="checkbox"/> Interested member of the public | Go to Q2 |
| <input type="checkbox"/> Leicestershire County Council staff member | Go to Q5 |
| <input type="checkbox"/> Representative of a business or private sector organisation | Go to Q3 |
| <input type="checkbox"/> Representative of a voluntary sector organisation, charity or community group | Go to Q3 |
| <input type="checkbox"/> Representative from a district or borough council | Go to Q3 |
| <input type="checkbox"/> Representative of another public sector organisation | Go to Q3 |
| <input type="checkbox"/> County, district or parish councillor | Go to Q3 |
| <input type="checkbox"/> Other (please specify) | Go to Q6 |

If 'Other', please specify

Q2 Which area do you live in? Please select one option only.

- Blaby
- Charnwood
- Harborough
- Hinckley and Bosworth
- Melton
- North West Leicestershire
- Oadby & Wigston
- Outside of Leicestershire
- No fixed address
- Don't know
- Prefer not to say

Now please go to Q6.

Q3 If you indicated that you represent an organisation, business, community group, school/other educational establishment, please provide your details.

Name:

Role:

Organisation:

This information may be subject to disclosure under the Freedom of Information Act 2000

Q4 Are you providing your organisations official response to the consultation?
Please select one option only.

Yes

No

Q5 Which area(s) do you work in? Please tick all that apply.

Blaby

Charnwood

Harborough

Hinckley and Bosworth

Melton

North West Leicestershire

Oadby & Wigston

Outside of Leicestershire

Across the whole of Leicestershire

Across the whole of Leicester, Leicestershire and Rutland (LLR)

Other (please specify)

Don't know

Prefer not to say

If 'Other', please specify

Our proposals

Leicestershire County Council are facing financial challenges and need to make difficult decisions regarding the services provided. A saving of £250,000 from the current physical activity budget of £693,000 is being proposed.

Leicestershire County Council propose a reduction in the contribution it makes to the physical activity programmes delivered in the community and schools, which target the active general population and those without health conditions. Public Health funding is not the only funding available to partners to deliver these activities.

Public Health will continue to contribute towards the delivery of programmes that target those that are inactive or have long-term health conditions as this is our key priority. This will include those experiencing the highest levels of ill health and those who have the most to gain by being active.

Q6 Having read the supporting information, to what extent do you agree or disagree with the proposal?

Please select one option only.

Strongly agree

Tend to agree

Neither agree
nor disagree

Tend to disagree

Strongly
disagree

Don't know

Why do you say this?

Q7 To what extent do you agree or disagree with the principle that Leicestershire County Council should prioritise the delivery of programmes that target those that are inactive or have long-term health conditions?

Please select one option only.

Strongly agree	Tend to agree	Neither agree nor disagree	Tend to disagree	Strongly disagree	Don't know
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Why do you say this?

Q8 What, if anything, do you like about our proposal?

Q9 What, if anything, do you dislike about our proposal?

Q10 Are there any other alternative approaches you would like to propose?

Q11 What, if any, impact do you think the proposals would have on specific groups?

Q12 Do you have any other comments or suggestions?

Please continue if you said in Q1 that you are responding as a 'Leicestershire resident', 'Visitor to Leicestershire' or 'Interested member of the public'.

Otherwise, please skip to the instructions at the end of the survey.

About you

Leicestershire County Council is committed to ensuring that its services, policies, and practices are free from discrimination and prejudice, address the needs of all sections of the community and promote and advance equality of opportunity.

Many people face discrimination in society because of their personal circumstances and for this reason we have decided to ask these monitoring questions.

We would therefore be grateful if you would answer the following questions. You are under no obligation to provide the information requested, but it would help us greatly if you did.

Q13 What is your gender? Please tick one box only.

- Male
- Female
- I use another term

Q14 Is the gender you identify with the same as your sex registered at birth? Please tick one box only.

- Yes
- No

Q15 What was your age on your last birthday? (Please enter your age in numbers not words)

Q16 What is your full postcode?

This will allow us to see the areas where people are responding from. It will not identify your house.

Q17 Are you a parent or carer of a young person aged 17 or under? Please tick one box only.

- Yes
- No

If yes, what are the ages of the children in your care? Please tick all applicable.

- 0-4
- 5-10
- 11-15
- 16-17

Q18 Are you a carer of a person aged 18 or over? Please tick one box only.

- Yes
- No

Q19 What is your ethnic group? Please tick one box only.

- White
- Mixed
- Asian or Asian British
- Black or Black British
- Other ethnic group

Q20 What is your religion? Please tick one box only.

- No religion
- Christian (all denominations)
- Buddhist
- Hindu
- Jewish
- Muslim
- Sikh
- Any other religion

Q21 What is your sexual orientation? Please tick one box only.

- Bi
- Gay or Lesbian
- Straight/ Heterosexual
- I use another term

Q22 Do you have a long-standing illness, disability or infirmity? Please tick one box only.

- Yes
 No

Q23 In the past week, how many minutes of physical activity have you done in total, which was enough to raise your breathing rate? Please tick one box only.

Please include sport, fitness and recreation activities, and brisk walking or cycling for any purpose, but do not include physical activity that is part of your work.

- Less than 30 minutes (less than half an hour)
 30-59 minutes (between half an hour and up to an hour)
 60-89 minutes (between an hour and up to 1.5 hours)
 90-119 minutes (between 1.5 hours and up to 2 hours)
 120-149 minutes (between 2 hours and up to 2.5 hours)
 150 minutes or more (2.5 hours or more)
 Don't know

Q24 In the past week, on how many days have you done exercises that strengthen your muscles? Please tick one box only.

This refers to exercises that made your muscles feel some tension, shake or feel warm and includes activities such as lifting weights, sit-ups, yoga, carrying heavy bags or digging the garden.

- | | | | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 7 days | 6 days | 5 days | 4 days | 3 days | 2 days | 1 day | None | Don't know |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Thank you for your assistance. Your views are important to us.

When the consultation closes on **1st November 2023**, we will report the results back to Cabinet in winter 2023.

Please return your completed survey to:

Physical Activity Consultation
 Public Health
 Room 100
 Leicestershire County Council
 Have Your Say
 FREEPOST NAT18685
 Leicester
 LE3 8XR

Data Protection: Personal data supplied on this form will be held on computer and will be used in accordance with current Data Protection Legislation. The information you provide will be used for statistical analysis, management, planning and the provision of services by the county council and its partners. Leicestershire County Council will not share any personal information collected in this survey with its partners. The information will be held in accordance with the council's records management and retention policy. Information which is not in the 'About you' section of the questionnaire may be subject to disclosure under the Freedom of Information Act 2000.